Quitting Time for Alcohol Questionnaire (QTAQ)

BRIEF DESCRIPTION	The QTAQ is a 23-item questionnaire designed to measure reasons for episod cessation of alcohol use using college students and community and clinical populations. It has three subscales: Internal Status, Avoidance-Adherence, and Immediate Context. Confirmatory factor analysis showed good psychometric structures for the students and community but not the clinical populations.			
TARGET POPULATION	⊠ Adults			
	☐ Adolescents (over 16 years)			
	Groups for which this instrument might be especially helpful?			
	Students, community social drinkers, and problem drinkers			
ADMINISTRATIVE ISSUES	Number of items: 23			
	Number of subscales: 3			
	Format(s): 🗵 Pencil-and-paper self-administered			
	Observation			
	☐ Computer self-administered			
	☐ Other			
	Time required for administration: 10 minutes			
	Administered by: Self			
	Training required for administration? \square yes \boxtimes no			
SCORING	Time required to score/interpret: 10 minutes			
	Scored by: Self			
	Scoring key? ☐ yes ⊠ no			
	Computerized scoring or interpretation available? \square yes \boxtimes no			
	Norms available? ⊠ yes □ no			
	Instrument normed on subgroups? \boxtimes yes \square no			
	Which groups? College students and community drinkers			